

Now
Enrolling!



Winter 2021 Schedule*

Vermont Community Leadership Training

Mondays & Thursdays 4:30-6 PM, Jan. 25-Apr, 29 2021, with Heather Gilbert
Gain confidence, find your voice and create change. Enjoy exciting community-based projects, guest speakers, leadership training and self-awareness activities.

English Language Learning and Academic Tutoring

Tuesdays 12:30-2:30 PM or Thursdays 8:30-10:30 AM (by appointment)
Jan. 19-Jun. 10, 2021, with Melissa Lang and Tutors
Adult tutorials in ELL, basic education, or individual academic goals.

American Citizenship Test Preparation

Mondays 3:30-4:45 PM, Jan. 25- Jun. 14, 2021, with Melissa Lang and Tutors
Study the questions and answers to the American Citizenship test, learn about the application process and practice English language skills.

Pens & Pages

Tuesdays 9-11:30 AM or Thursdays 1:30-4 PM, Jan. 19-Jun. 10 2021, with Melissa Lang
Share your love of reading, improve your writing, and join dynamic discussions. Books donated by the Vermont Humanities Council will focus on courage and self-acceptance.

Developing Self

Mondays & Wednesdays 10-11:30 AM, Jan.20- Feb.17, 2021, with Heather Gilbert
Begin the journey of self-development. Reconnect with core strengths and values and gain a new sense of belonging.

Opening to Your Life

Fridays 1-3 PM, Feb. 12, 19 & 26, 2021, with Heather Gilbert
Learn how to stay in touch with what brings you joy, identify what to grow in your life and how to let go of limiting thoughts or attitudes.

Circle

Thursdays 11 AM- 12 PM, Jan. 14- Jun. 10, 2021, with Sr. Ann Duhaime
Take time each week to reflect on peace, hope and renewal.

*All sessions will be delivered online through Zoom. If guidelines allow us to return to in-person classes, participants may be given the option to join on-site or continue virtually.

To learn more, contact:

Cathy Ainsworth
Director, Education & Transition Programs
cainsworth@mercyconnections.org - (802) 752-8000